

	blocks. GC has a contact for building the wedge and will pass this on to HS. HS suggested the region might be able to fund this potentially.	contact. HS/ LS to research into blocks improvement
Club Networks	<ul style="list-style-type: none"> • Worcester County – ongoing, no update • Shropshire Club Network – really positive network, great bringing clubs together • Cov/Warks – initial stages currently • North Staffs – had a few meetings and are going well • Wolverhampton – ongoing, some progress • Telford and Wrekin – first to achieve swim21 network status 	
Beacon programme	First session to take place on 3 rd October. 30 swimmers have been selected and two para swimmers.	
England Programmes	<p>National Coach Performance/Development Weekend 19th -21st November Loughborough: A disappointing response from West Midlands Coach applying for a place on this weekend, this was extensively advertised and promoted at both British Championships and Home Nations, however only 1 coach applied and has been accepted. This is a great opportunity missed, would like to see a better response next year.</p> <p>Coach Day Bromsgrove 26th September: To date 18 coaches booked onto the day led by Fred Furniss, presentations to include Testing/Monitoring, Race Analysis and constructive pre/post race coach and swimmer communication.</p> <p>England Talent Phase 1 Camp West Midlands Warwick University 19th September All coaches have confirmed attendance, 34 swimmers selected for the day Content of the day will work around efficiency in pool sessions, fundamental movement on Land, swimmer presentation covering streamlining and transfer to stroke skills. In addition to the swimmers activities there will also be a parent presentation led by Fred Furniss in the afternoon. Marc Foster will be Head Coach for this camp.</p> <p>West Midlands Regional Camp Wrekin College 31st October Currently in the process of establishing groups for the day, to date 30+ swimmers have accepted. Mark Stowe will be Head Coach on the day and will write sessions for the pool sessions, these will be compiled</p>	All coaches to circulate information for this day

	<p>within the framework that I will be sending to Mark shortly.</p> <p>England Talent National Phase 2 Camps These are the event camps that will be held At Liverpool (Free/Back swimmers) Coventry (Dist Free, OW and Individual Medley, and Millfield (Fly and Breast) To date, 72 swimmers have been selected Nationally, we will have a maximum of 120 swimmers, the rest of the selections will be based around swimmers from the Phase 1 Camps. Please note the change of date for the Phase 2 Camps, this year they will be held 21st – 23rd Dec.</p> <p>Coventry Beacon Programme This will commence on Saturday 3rd October, approximately 30 able bodied and 2 Para swimmers have achieved and accepted their place on the programme.</p>	
<p>Regional Camps and Luxembourg</p>	<p>AR did some research prior to this meeting and liaised with Mel Marshall and came up with the following options:</p> <ol style="list-style-type: none"> 1. The Luxembourg Meet again. The dates are 29-31st January 2016. Decent meet, we know what we will get, but the competition has been a lot tougher over the last couple of years and not many of our swimmers got 2nd swims. 2. The London region took a team away this year to a meet in Amiens in France which was supposedly very good. I think it is part of their grand prix series (Golden Tour) but from talking to John Adye the hotel was close-by and the meet was well worthwhile. The dates of the 4 meets in the series are 18-20th December, 22-24th January, 12-14th February and 4-6th March – no venues are decided yet unfortunately, but the Amiens leg was in February in 2015. 3. Ellesmere mentioned the Berlin meet and I know Royal Wolverhampton did this one in 2012 as well. The meet is 4-6th March 2016 and the web link is http://www.ism-germany.com/ism-2016/?lang=en I spoke to Mel Marshall who went this year and she said it is good but the meet organisers were poor at getting back to her to let them know if her swimmers were in or not. The days are really long (they had 50 heats of the 100 Free!) and so the swim downs and warm ups were like salmon farms. 4. Flanders Cup – Antwerp, Belgium on 23-24th January 2016. British Swimming have taken a team there for the last few years but I am not sure if they are going again. A lot like the Euro Meet as big swimmers go but not enormous depth so some of our swimmers might make 	

	<p>A or B finals. The website is http://www.zwemfed.be/flanders/en There is a big hotel with a 2 minute walk too as I have raced there a few times myself.</p> <p>The competition window starts 11th March for 2016</p> <p>After lengthy discussion the group decided to go for the Flanders Cup, Belgium, to try somewhere different this year.</p> <p>Give this information to Jane Campbell to begin booking and selection of swimmers</p> <p>LS suggested that Helen Slatter should be lead team manager for the trip, with one trainee team manager to attend alongside. Need to recruit another TM now</p> <p>Suggested we take 3 coaches on the trip; one head coach who comes from a performance club, either Adam Ruckwood, Alan Bircher or Marc Spackman. This will give some rotation as Carl Grosvenor has attended the past two years. Pick a name out of a hat for head coach dependent on who has swimmers on the trip. Then link into the Talent Coach Programme for the other two coaches to use it as a development opportunity. 2 x assistant coaches; one from Year 2 of the Coach programme and one from Year 1 of the Coach programme.</p> <p>Team Manager report was not received from last year. This had been written but not circulated. AS to circulate to LS and the regional office for dissemination</p>	<p>JC to begin booking and selection of swimmers</p> <p>HS/JC/LS another TM</p> <p>Head coach decided once swimmers selected. Assistant coaches from Y1 & 2 of CDP. Application process?</p> <p>AS to circulate to LS/HS</p>
Coach Development Programme	<p>The board agreed to fund 2 further years of the programme.</p> <p>5 coaches confirmed for Year 2: Rikki Morris, Andy Eales, Marc Soulsby, Adam Taylor, Marc Stowe</p> <p>10 coaches confirmed for Year 1: Dirk Cox - Stratford, Tim Hastie - Ellesmere, Graham Nash - Leamington, Paul Wilson - Coventry, Neil Edwards - Oldbury, Dave Painter - Wombourne, Lucy Walters – Wyre Forest, Chris Britt - Redditch, Darren Barber – Orion/UOB, Chris Littler – Birmingham</p> <p>First workshop to take place on Monday 21st September. British Swimming will be involved in Year 2 of the programme.</p>	
AOB	None	
Next Meeting	Thursday 3 rd December, Coventry at 11am	AR to confirm room is booked