

**Rules for Regional Masters and  
19-24 Age Group Records**

1. The region shall maintain a list of Masters swimming records (incorporating the 19-24 Age Group and all masters groups from 25-29 upwards).
2. Records shall be determined initially for all short course (25-metre course) individual events (as swum in the ASA Masters Championships and for such other events as shall be determined from time to time).
3. Swimmers claiming the records shall:
  - (a) have represented a West Midland Region club when recording the time concerned, or have been swimming for a representative team for which they had been nominated by a West Midland club or County;
  - (b) have made the performance concerned in an open competition or in an advertised race against time, which in either case must have been timed electronically;
  - (c) notify the Masters Secretary (or other nominated regional officer) within 3 months of the event;
  - (d) provide proof of their time by submission of a result sheet or other document judged sufficient for the purpose. (It will not be necessary to submit proof of a time set in the combined Midland Masters Championship);
  - (e) Proof of age on request;
4. A swimmer's age shall be their age at midnight on 31<sup>st</sup> December.
5. A list of records will be published on the West Midland Swimming Web Site.

Note: Following the creation of the West Midland Region (Oct 2005) the records will be treated as follows:

- (a) The final ASA Midland District Masters Records will stand as standard times.
- (b) Times from the ASAMD records (30<sup>th</sup> Sept 2005), held by a swimmer in the West Midland Region will be accredited with that record.
- (c) Where times were set by swimmer outside the West Midland Region, these will be standard times and only accredited to a swimmer when equaled or broken.